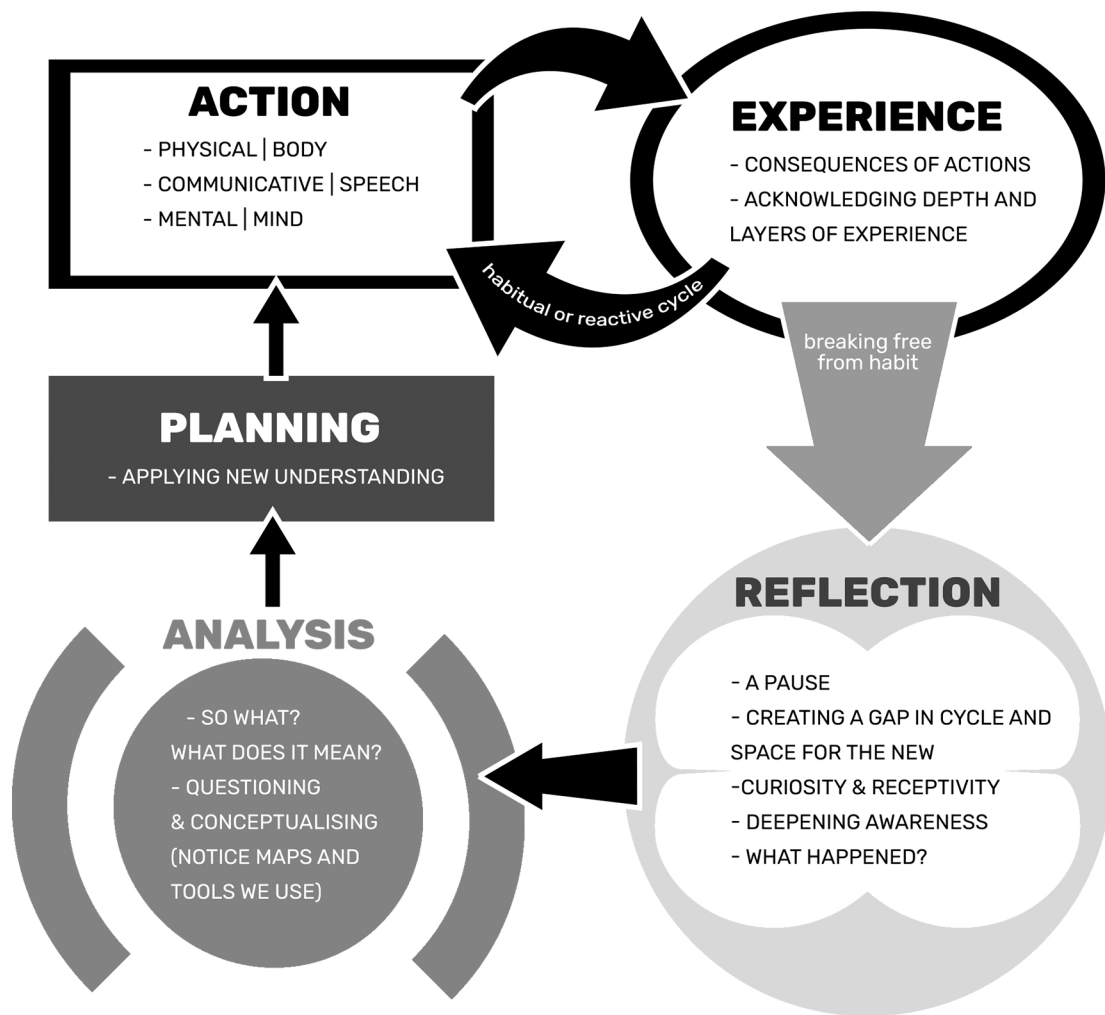


# THE CREATIVE SPIRAL OF THE ACTION LEARNING CYCLE



The Action Learning Spiral offers a simple framework for building learning, healthy feedback and responsiveness into our personal and group or organisational lives. It is a simple framework within which a wide range of tools and approaches can be applied, helping to bring more awareness and choice to our actions. Applying the Action Learning Spiral empowers us to build ongoing learning into our work and lives. Crucial to this is the need to create the opportunity to deepen our understanding and experience, to evaluate and redesign our approach based on our learning.